



Delivery Menu

Week of March 1, 2010

973-808-8862
www.thefruitedplain.com



APPETIZERS

Boneless Buffalo chicken with blue cheese dip (6)	8.50
Clams Oregante (6)	9.00
Chicken Fingers with Honey Mustard Sauce (8)	8.50
Thai Coconut Shrimp (6)	10.00
Tamarind BBQ Beef Skewers (6)	10.00
Oysters Rockefeller (6)	14.00
Vegetable Pot Stickers with Soy-Ginger (6)	5.50

SALADS

Monday	Greek salad	
Tuesday	Vegetable Cobb	
Wednesday	Buffalo Chicken Caesar	
Thursday	Tomato-Basil Bruschetta	
Friday	Turkey Cobb	
	Mixed Field Greens with Sesame Ginger Vinaigrette	5.00
	Caesar Salad	5.50
	Baby Spinach, walnuts, Cranberry & blue cheese	6.50
	Arugula with grilled veggies & Goat Cheese	6.75

SOUPS

3.50/cup 4.50/pint 9.00/quart

Monday	Pasta Fagioli
Tuesday	Chicken Noodle
Wednesday	Vegetarian Split Pea
Thursday	Roasted Pepper & Gouda Bisque
Fri day	Chicken & Shrimp Gumbo*

SIDES

Sautéed Kale	6.50 pt
Asian Health Slaw	6.00 pt
Old Fashion Cole Slaw	3.75 pt
French Potato Cake	4.00 ea
Creamed Spinach	7.00 ea
Grilled Vegetables	7.00 pt
Mexican Spiced Black Beans	6.50 pt
Quinoa & Edamame Salad	7.00 pt

PASTA

Classic Baked Macaroni & Cheese	6.00
Penne Pasta with Fresh Tomato, Basil, Garlic & Romano Cheese	8.00
Tuscan Farfalle with grilled vegetables, Arugula & Pesto	8.00
Pasticcio (Greek Lasagna) Baked Pasta with Ground Beef & Béchamel Sauce	8.00
Eggplant & Pesto Lasagna	9.00
Meat Lasagna	9.00

ENTREES

Grilled Lemon Chicken	9.00
Mom's Turkey Meatloaf	12.00
Chicken Francese with pasta marinara	13.00
Chicken Parmesan with Marinara and pasta	13.00
Roast Turkey with stuffing & Gravy - for 1	12.00

Beef Stroganoff - for 1	9.00
Pulled Turkey & Black Bean Burrito	7.00
Cajun Salmon Cakes - 2ea	12.00
Shrimp & Vegetable Lomein - quart	16.00
Sheppard's Pie - for 1	8.00
Eggplant Rollatini	10.00
Chicken Saltimbocca Medallions with Prosciutto, Fontina & Sage	14.00
Turkey Stuffed Poblano Peppers	9.00

DESSERTS

Chocolate Pecan Pie	4.00
Apple Pie	4.00
Tiramisu	4.25
Fruit Salad	4.00
Big Cookies	1.25

**Free Delivery Service
Monday - Friday**

**4:00pm - 7:30pm
Montville, Pine Brook,
Parsippany* & Towaco***